



THE HEART  
AND STROKE  
FOUNDATION  
SOUTH AFRICA

# AHN SUMMIT PROGRAMME

**STRATEGIES TO REDUCE THE BURDEN OF CARDIOVASCULAR DISEASE IN AFRICA**

**WEDNESDAY**

**07.09.22**

**Meet and Greet**

Registration desk open until 19:00

Cocktail Evening

**THURSDAY**

**08.09.22**

**Registration**

Opens at 08:00

**Session 1: Welcome and Opening**

Chair:

09:00 - 09:15 Welcome Address: President of AHN, Prof Pamela Naidoo

09:15 - 09:45 Opening Address: Namibian Health Minister

09:45 - 10:15 Welcome Address: Founder/CEO Namibia Heart Foundation,  
Gerhard de Koe

**Tea/Coffee Break** ☕

10:15 - 10:30

**Session 2: Detection and Disease Management**

Chair:

10:30 - 10:55 Obesity [to be confirmed]

10:55 - 11:20 Pediatric Cardiology: Acquired Heart Disease (including Hypertension  
in Adolescents)

*Dr Ana Mocumbi (Mozambique)*

11:20 - 11:45 EAS [to be confirmed]

11:45 - 12:10 Dyslipidemia [to be confirmed]

12:10 - 12:35 Access to Essential Medicines: Country Director of Clinton Health  
Access Initiative, Prof YG Pillay

12:35 - 12:45 Q & A

**Lunch** 🍴

12:45 - 13:45





**FRIDAY**  
**09.09.22**



### Session 3: Keynote Address: WHF

Chair:

13:45 - 14:15 President of World Heart Federation, Prof Fausto Pinto

### Session 4: Disease Management

Chair:

14:15 - 14:45 Speaker: Young Professional (to be confirmed)

14:45 - 15:15 Speaker: Young Professional (to be confirmed)

15:15 - 15:45 Digital Health: REAN Foundation and American Heart Association

15:45 - 16:15 Digital Health: REAN Foundation and American Heart Association

### Tea/Coffee Break

16:15 - 16:30

### Wrap up

16:30 - 17:00

### Freshen Up Break

17:00 - 19:00

### Conference Dinner

19:00 - 21:30

### Registration

Opens at 08:00

### Session 1: Prevention Strategies for Africa

Chair:

09:00 - 10:00 Developing NCD Strategies: NDOH South Africa, Ms. Sandhya Singh

10:00 - 10:30 Discussion: Other African Country Examples of NCD Strategies

10:30 - 11:00 Open Discussion of Implications for Africa

### Tea/Coffee Break

11:00 - 11:15

### Session 2: Keynote Address

Chair:

11:15 - 11:45 Dr Mohammed Abdulazziz: Africa Centre for Disease Control (Africa CDC)

11:45 - 12:15 Panel discussion

### Lunch

12:15 - 13:15

### Session 3: Cardiac Rehabilitation

Chair: Prof Susan Hanekom (Stellenbosch University, South Africa)

13:15 - 13:45 **Keynote Address 1:** A representative from the WHO rehabilitation working group (Virtual)

13:45 - 14:15 **Keynote Address 2:** Prof Martin Heine (the Netherlands)

14:15 - 15:15 Panel discussion: Profs Martin Heine, Pamela Naidoo; UNAM;  
WCDOH; Cardio-thoracic surgeon; Patient representative

### **Vote of Thanks**

15:15 - 15:30

### **Tea/Coffee Break**



15:30 - 15:45

### **Walk**

15:45 - 16:15

### **General Assembly**

16:30 - 18:30