



## CLINICAL PROTOCOL for Healthcare Providers

1. COVID-19 is a global pandemic, that will affect the Namibian population in 2020.
2. Healthcare systems within Namibia will be overloaded if we do not manage/contain/limit the spread within our population.
3. 'Flattening the curve' of the COVID-19 is the most effective way of delaying the spread of this pandemic, and so not overloading our Healthcare facilities.
4. The TWO main combating mechanisms that have empirically worked are:
  - a) **MITIGATION** = heavy and deliberate social distancing
    - We refer to the guidelines set by Government of the Republic of Namibia, as regards to closure of all public gatherings.
    - Limiting non-essential travel and social event interactions.
  - b) **CONFINEMENT** = the containment of all cases identified as a PUI (person under investigation), and the control and isolation of positive cases.

### As Healthcare Providers (HCP's) we need to:

- **Identify** the sick through proper screening and testing
- Immediately **isolate** PUI's
- Use **heavy protective gear** for all HCP's testing and treating suspected patients
- **Track** and **quarantine** all positive contacts of infected individuals

### HELPLINE / EMERGENCY Numbers:

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